My Account

Your plan information all in one place

My Account

Manage your plan online with HMSA's My Account. My Account gives you convenient access to your health plan information.

To access and create an account, go to **hmsa.com**.

1. Click the My Account Login button and then click Create an Account.
2. Enter your name, birth date, and email address, and create a password.
3. Follow instructions to verify your email and securely sign in by entering the verification code sent to your phone number.
4. Once logged in, click Add a plan using your subscriber ID number from your HMSA membership card.

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Through My Account, you can:

- View claims history for medical, drug, dental, and vision services.
- Get drug plan benefit information.
- Get information about your medical plan's annual deductible, annual copayment maximum, and lifetime maximum.
- Order prescription refills from a mail-order pharmacy through our pharmacy benefit manager.
- View your HMSA membership card, request a duplicate, or print a copy.
- View your *Guide to Benefits* (available for most plans).
- Connect to HMSA's Online Care®.
- Get access to well-being tools and special member discounts.

Find more information with your My Account drop-down tabs

- From the Benefits tab, get information about your medical, drug, vision, or dental plan benefits. You can also use our procedure cost estimator to find the estimated out-of-pocket costs for certain medical services or items.
- From the Claims tab, see your claims history and download documents and forms. If you don't see dental or drug claims in your account, your benefits may not be with HMSA.
- In the Drug tab, you'll find information about your drug plan benefits, drug prices, and nearby pharmacies. You can even sign up for mail-order prescriptions.
- And explore the Well-being tab to learn about HMSA programs like Active&Fit Direct™, healthy living resources, member discounts, HMSA's Online Care, and Find a Doctor to help you locate a participating provider that's right for you.

Questions?

Help Center
The Help Center is an online resource with articles about travel and other topics. Visit **hmsa.com** and click the Help Center tab.

Contact Us
If you have questions about your health plan benefits outside Hawaii, please contact us. Our phone numbers are displayed on the back of your HMSA membership card.

Email
Use the secure Ask HMSA form found within My Account.

HMSA Center
Visit an HMSA Center near you. Please see convenient locations and hours at **hmsa.com/contact**.

Scan the QR code to learn more.

Amwell is an independent company providing hosting and software services for HMSA's Online Care platform on behalf of HMSA.

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